

Positive Living Lunch Cook

Supervisor: Information Support Worker

Level: Positive Living Lunch Cook is ranked as a **Tier 2 position** (See brochure for details on Tiers).

Position Description: Person living with HIV shops for and prepares lunch for AIDS Calgary clientele.

Objective: The Positive Living Lunch program aims to provide a hot, nutritious meal, as well as create a safe and comfortable environment for clients to socialize and learn about specific topics on living with HIV.

Time Commitment:

- The Lunch Program takes place on alternate Friday afternoons. Volunteers are required to create a menu which is approved by the Information Support Worker, shop for items and prepare meal on a Friday lunch day.

Responsibilities:

- Create Menu
- Shop for food within provided budget
- Work with volunteers the day of to prepare meal
- Help set up the dining area
- Follow all food safety procedures
- Assist in cleaning up all areas used in preparation and serving meal
- Respect AIDS Calgary Awareness Association's confidentiality policy

Qualifications:

- Knowledge and/or willingness to learn about food preparation, budgeting and nutritional requirements of persons living with HIV/AIDS
- Person is currently living with HIV/AIDS
- Respectful and supportive of people living with HIV/AIDS
- Good communication skills
- Open to working within a team in a diverse setting

Training:

- Completion of Core Training is highly encouraged and will be an asset
- Basic food safety lesson provided by volunteer supervisor

Benefits:

- AIDS Calgary's GIPA (greater involvement of people living with HIV) project will pay a volunteer to do this role.
- Volunteer hours and participation will be tracked and can be provided for various purposes required by the volunteer, such as post-secondary applications or work references (after completion of 30 volunteer hours)
- Gain skills and experience working in a community kitchen and learn about general nutrition
- Increase understanding of HIV/AIDS in your community and knowledge of current information about HIV/AIDS
- Experience working in a team setting with a diverse group of participants

- Make a difference by promoting health and wellness messages to persons living with HIV/AIDS
- Receive invitations to volunteer appreciation events, agency events, and community celebrations
- Receive copies of the AIDS Calgary newsletter and the Volunteer newsletter
- Participate in the Annual General Meeting

Application Requirements:

- Submit a volunteer application
- Interview with the Coordinator of Volunteer Engagement
- Read and sign a Volunteer Contract and Oath of Confidentiality

** All volunteers will participate in a 3 month evaluation with the volunteer supervisor and an annual evaluation with the Coordinator of Volunteer Engagement.

Questions? Interested in being an AIDS Calgary Volunteer?

Contact us:

volunteer@aidscalgary.org

(403) 508-2500

Or download the application form from our website

<http://www.aidscalgary.org/getInvolved/volunteer.shtml>