



## Positive Living Lunch

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**Supervisor:** Information Support Worker

**Level:** Positive Living Lunch is ranked as a **Tier 2 position** (See brochure for details on Tiers).

**Position Description:** Volunteers work in a small group setting in the Calgary Cares Centre kitchen to prepare lunch for AIDS Calgary clientele.

**Objective:** The Positive Living Lunch program aims to provide a hot, nutritious meal, as well as create a safe and comfortable environment for clients to socialize and learn about specific topics on living with HIV.

**Time Commitment:**

- The Lunch Program takes place on alternate Friday afternoons. Volunteers are required from approximately 10 am to 2:00 pm.
- Each volunteer must participate in one lunch per month

**Responsibilities:**

- Assist cook with food preparation
- Help set up the dining area
- Follow all food safety procedures
- Assist in serving the meal
- Assist in cleaning up all areas used in preparation and serving meal
- Respect AIDS Calgary Awareness Association's confidentiality policy
- Confirm participation in each lunch at least 5 days prior with the volunteer supervisor

**Qualifications:**

- Knowledge and/or willingness to learn about food preparation, budgeting and nutritional requirements of persons living with HIV/AIDS
- Respectful and supportive of people living with HIV/AIDS
- Good communication skills
- Open to working within a team in a diverse setting

**Training:**

- Completion of Core Training is highly encouraged and will be an asset
- Basic food safety lesson provided by volunteer supervisor

**Benefits:**

- Volunteer hours and participation will be tracked and can be provided for various purposes required by the volunteer, such as post-secondary applications or work references (after completion of 30 volunteer hours)
- Gain skills and experience working in a community kitchen. Learn about general nutrition
- Gain current information about HIV/AIDS
- Experience working in a team setting with a diverse group of participants
- Make a difference by promoting health and wellness messages to persons living with HIV/AIDS

- Receive invitations to volunteer appreciation events, agency events, and community celebrations
- Receive copies of the AIDS Calgary newsletter and the Volunteer newsletter
- Participate in the Annual General Meeting

**Application Requirements:**

- Submit a volunteer application
- Interview with the Volunteer Program Coordinator
- Read and sign a Volunteer Contract and Oath of Confidentiality

\*\* All volunteers will participate in a 3 month evaluation with the volunteer supervisor and an annual evaluation with the Volunteer Program Coordinator.

Questions? Interested in being an AIDS Calgary Volunteer?

Contact us:

[volunteer@aidscalgary.org](mailto:volunteer@aidscalgary.org)

(403) 508-2500

Or download the application form from our website

<http://www.aidscalgary.org/getInvolved/volunteer.shtml>